

Waterdown Minor Baseball Association

T-Ball Division – 2025 Season

T-Ball is a foundational stage in the baseball journey, providing young players with a fun and instructional environment. For the 2025 season, the Waterdown Minor Baseball Association (WMBA) has implemented new approaches designed to enhance the experience for both players and the volunteers who dedicate their time.

Team Structure

- **Roster Size:** Teams will consist of 10 players.
 - **Uniforms:** Every player will receive a full uniform.
 - **Volunteers:** Each team will require at least four volunteer coaches.
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Coach Development

To ensure a successful season, all coaches will participate in a dedicated training session led by our Player Development department and senior rep coaches. This session will cover various drills and skills to focus on throughout the season. Additionally, coaches will receive an electronic handbook that includes:

- Comprehensive drills
 - Practice ideas
 - Tips for creating a productive and engaging experience for players
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Game and Practice Setup

Schedule: Sessions will begin at 6:00 PM on Tuesdays or Thursdays.

Format:

1. **Warm-up (15–20 minutes):** Coaches will lead players in warm-up exercises outlined in the handbook.
2. **Game Play:**
 - Each team is divided into two groups of five players.
 - **Group A:** Engages in game play (two innings):
 - Positions: 1st base, 2nd base, shortstop, 3rd base, pitcher
 - Players on Team 2 take turns batting while Team 1 fields. After all players have batted, the groups switch roles.
 - **Group B:** Works on skill development with coaches in the outfield.

- Groups alternate between game play and skills development, ensuring each player participates fully in two game segments and two skills sessions.

Skills Focus: During skill development, a single fundamental skill (e.g., throwing, hitting, or fielding) will be emphasized each session. By alternating focus, players stay engaged and build a well-rounded skill set.

Development-Centered Philosophy

This restructured program is based on feedback from our 2024 survey, prioritizing engagement and skill-building. By minimizing downtime and maximizing active participation, we aim to foster a love for the game while developing core skills.

